

# Office Visits

Our goal is to give you the healthy, straight, beautiful smile that you've always wanted. We understand that choosing to receive orthodontic care is a big decision, and we respect your reasons for wanting to improve the way you look and feel.

Our practice will work with you every step of the way to make sure that your orthodontic care is as rewarding as possible. Our practice utilizes the latest technology, offering a variety of safe and gentle treatment options to give you the customized, individual care you deserve.

## Every smile starts with an initial consultation!

Your initial consultation will give you the opportunity to meet our team, learn more about orthodontics, receive a complete initial exam, and find out which treatment options will best meet your needs. During your initial consultation, we will:

- Review your dental and medical history forms
- Provide a complete oral exam, taking a panoramic X-ray if required, to determine which treatment is appropriate
- Suggest the likely treatment options and timing, making arrangements to monitor over time if not ready for treatment yet.
- If ready for treatment now, the option of having full records taken at this visit will be available



Our team will be glad to answer any questions you may have, and we will provide all of the information that you need to determine which treatment is right for you. Please contact our practice to schedule your initial consultation.

## What happens after the initial consultation?

You're one step closer to achieving the smile you've always wanted! After your initial examination, if records have been taken, a personalised treatment plan will be formulated for you. This plan will include all treatment options available. This plan will be discussed with you in detail at a follow up consultation appointment. If you do decide to go ahead we can schedule your first appointments promptly. An initial appointment is scheduled to learn how to look after your orthodontic appliances, cleaning, eating etc, and this is followed about a week later with an appointment to place your appliances.

It generally takes about an hour to fit orthodontic appliances and during this time our team will be available to make sure that you are as comfortable and knowledgeable as possible. (Placing orthodontic appliances does NOT hurt!... it just takes time)

## Scheduling appointments

Visiting the orthodontist about every seven weeks is an important part of your orthodontic treatment. Our practice will work with you to make sure that your appointments are as convenient as possible. When scheduling appointments, please let us know what days and times work best for you. We keep 'before and after school' times available for those who already have their braces on, so as little work or school time is lost once you start treatment. For this reason longer appointments are scheduled during the working day.

We understand that “life happens”! If you're running late or need to reschedule, please let us know and we will do everything we can to accommodate you. When you're ready to schedule your first appointment, contact our practice and our friendly scheduling coordinator will assist you. We're looking forward to working with you.

## **Visiting the dentist during orthodontic treatment**

It is very important that you continue to visit your family dentist once every six months, even during your orthodontic treatment, for teeth cleaning and routine dental checkups. If extra dental care is needed, we will be happy to coordinate with your family dentist to make sure that you are receiving the best care possible.