

# Types of Braces

## Metal Braces

### Traditional Metal Braces

Traditional metal braces are the most common type of braces and are more comfortable today than ever before. Made of high-grade stainless steel, metal braces straighten your teeth using metal brackets and archwires. With metal braces, you have the option of adding colored elastic ties for a more unique and colorful smile.



### Ceramic Braces

Ceramic braces are made of clear materials and are therefore less visible on your teeth than metal braces. For this reason, ceramic braces are used mainly on older teenagers and adult patients who have cosmetic concerns. While they are visually less prominent, they do require more attention to oral hygiene and care as ceramic braces are larger and are more brittle than their metal counterparts. For these reasons, ceramic braces tend to be used more on upper front teeth than on lower teeth.



## Invisible (Clear) Orthodontic Appliances

### Invisalign®

Invisalign uses a series of invisible, removable, and comfortable aligners to straighten your teeth. And, no one can tell you are wearing Invisalign because it's invisible! Not only are the aligners invisible, they are removable, so you can eat and drink what you want while in treatment, plus brushing and flossing are less of a hassle. Please visit our Invisalign page to learn more about these appliances ( not possible for some problems!).

